



NutriDyn®

Bone Support Vegetarian

Bioavailable Mineral Complex
to Support Healthy Bones*

PRACTITIONER EXCLUSIVE

Bone Support Vegetarian Supplementation

Bone Support Vegetarian is a highly bioavailable formula to promote healthy bones.* Calcium and magnesium work together to help support strong bones while potassium supports the maintenance of bone health.*

Clinical research cited herein suggests the benefits of Bone Support Vegetarian supplementation may include:

- Supports healthy bone function and integrity*
- Supports bone tissue health*
- Supports healthy teeth*
- Supports healthy osteoblasts and osteocytes*
- Supports bone growth factors and peptides*

How Bone Support Vegetarian Works

Clinical studies show calcium, magnesium, and potassium consumed together promote healthy bone-related metabolic processes via cellular ionic balance.*^{1,2}

Bioavailable forms of calcium promote healthy bone metabolism and bone development.*³ When blood calcium levels drop below normal, calcium is released from bone matrix to provide an adequate supply for metabolic needs.*⁴ Over time, this can lead to weakened bones. Supplementation with calcium is shown to support healthy bone integrity.*⁵

Calcium also helps the body absorb magnesium to support healthy bone mineralization and muscle function.* Magnesium supports cellular ionic balance critical for bone health by acting on the healthy crystal formation of bone cells.*^{6,7} This process supports healthy secretion of parathyroid hormone responsible for promoting healthy osteoblasts and osteocytes.*^{8,9}



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The anion in dietary potassium plays a critical role in supporting bone health by neutralizing metabolic acids to conserve calcium in the body.*¹⁰ Clinical studies also show dietary potassium promotes healthy bone and specifically supports a healthy lumbar spine.*^{11,12,13}

Why Use Bone Support Vegetarian?

Patients who may benefit from using NutriDyn's Bone Support Vegetarian include aging populations, post-menopausal women, those experiencing gastrointestinal issues, and individuals looking for support with nutrient absorption.*

The intercellular matrix of bone contains large amounts of calcium salts integral to supporting bone health.*¹⁴ Research shows magnesium supplementation supports healthy bone integrity needed to promote strong bones.*⁸ Potassium is critical to overall bodily systems, including supporting healthy bone.*¹¹ Together, these three nutrients provide evidence-based support for bone health.*

Supplement Facts

Form: 250 Capsules

Serving Size: 2 Capsules

Ingredients:	Amount	%DV*
Calcium (as calcium citrate, calcium malate, calcium lysinate, and calcium aspartate)	120 mg	9%
Magnesium (as magnesium malate, magnesium citrate, magnesium aspartate, magnesium glycinate, and magnesium lysinate)	130 mg	31%
Potassium (as potassium citrate and potassium malate)	80 mg	2%

Other Ingredients: Hypromellose, vegetable magnesium stearate, microcrystalline cellulose.

Directions: Take one or two capsules three times daily with food as a dietary supplement, or as directed by your healthcare practitioner.

Caution: If pregnant, nursing, or taking medication, consult your healthcare practitioner before use. Keep out of reach of children.

References:

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* These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.



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