

NutriDyn®

CoQ10 200 mg

Supports Heart Health
and Energy Production*

CoQ10 200 mg Supplementation

NutriDyn's CoQ10 200 mg is a unique formula that contains a highly absorbable, trademarked form of coenzyme Q10 (CoQsol®), vitamin E, and trademarked vitamin A (Betatene®) for supporting cardiovascular and immune function, as well as other body systems.* Coenzyme Q10 (CoQ10) is a molecule produced by the body that helps manufacture energy in the mitochondria of cells through the electron transport chain. It is essential for survival, and low levels of CoQ10 are associated with several cardiovascular and cell energy-related disturbances.¹

CoQ10 is also crucial for promoting blood flow in the cardiovascular system.* Moreover, CoQ10 200 mg contains key micronutrients that have antioxidant roles in the body and support healthy blood lipid levels.*² When blood lipid levels are chronically elevated, the risk of cardiovascular disturbances increases.*^{3,4}

Read on to learn more about how the ingredients in CoQ10 200 mg work to support energy production in many tissues throughout the body, neutralize free radicals, promote blood flow, and support healthy blood lipid profiles.*

Given the importance of the nutrients found in CoQ10 200 mg for supporting overall health and well-being, supplementation can help users in a variety of ways.* The most relevant research-backed benefits derived from supplementation with CoQ10 200 mg include:

- Supports cardiovascular and immune function*
- Supports blood flow and nitric oxide production*
- Supports energy production*
- Supports immune function*
- Supports body tissue, including epithelial, muscle, connective, and nervous tissues*
- Supports healthy blood lipid profiles*



GLUTEN-FREE



DAIRY-FREE



NON-GMO



cGMP FACILITY

For more information, visit: www.nutridyn.com

How CoQ10 200 mg Works

CoQ10 is most abundant in metabolically demanding tissues throughout the body, specifically the heart, skeletal muscles, brain, kidneys, and liver. Being an integral part of the electron transport chain, CoQ10 assists in the synthesis of ATP, the energy currency of cells. As part of that process, CoQ10 also acts as an antioxidant by sequestering free radicals.

Furthermore, CoQ10 promotes proper blood flow throughout the cardiovascular system by preserving the activity of nitric oxide, a molecule that dilates blood vessels and helps support healthy blood pressure.*⁵

Vitamin A and vitamin E are also included in this formula as they are potent antioxidants that help support immune function, as well as eye and skin health.*^{6,7}

Supplement Facts

Serving Size: 1 Softgel

Servings Per Container: 30/60

	Amount Per Serving	%DV*
Vitamin A (as mixed carotenoids) [†]	598 mcg RAE	56%
Vitamin E (as d-alpha-tocopherol)	134 mg	893%
Coenzyme Q10 ^{††}	200 mg	**

Other Ingredients: Gelatin, rice bran oil, glycerin, purified water, yellow beeswax, annatto extract.

[†] as Betatene® a registered trademark of Cognis Corporation.

^{††} as CoQsol® a registered trademark of Soft Gel Technologies, Inc.

Directions: Adults take one softgel daily as a dietary supplement or as directed by your healthcare practitioner.

Caution: If you are pregnant, nursing, or taking medication, consult your healthcare practitioner before use. Keep out of reach of children.

References:

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* These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

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